

# World Health Organization's list of Indication

The World Health Organization (WHO), a sub-organization of the UN headquartered in Geneva, recognizes TCM as a full-fledged medical discipline and has published a list of conditions for which the application of TCM is particularly effective:

- allergies
- eye conditions (conjunctivitis, glaucoma)
- bronchial asthma
- high blood pressure
- leg ulcers (Ulcus cruris)
- bronchitis
- intestinal disorders (irritable bowel syndrome, ulcerative colitis, Crohn's disease)
- circulatory disorders of the hand and leg
- diarrhea
- bedwetting (enuresis)
- common cold
- exhaustion
- joint disorders (arthritis, rheumatism)
- TN (trigeminal neuralgia)
- facial paralysis
- weight reduction in obesity (adipositas)
- golfer's elbow (humeral epicondylitis)
- shingles (herpes zoster)
- urinary tract infection
- skin disorders (neurodermatitis, acne, psoriasis)
- cardiac dysrhythmias (paroxysmal tachycardia)
- hay fever (pollinosis)
- sciatica (lumbago)
- hyperactivity in children
- infertility
- headaches (cephalgia, migraines)
- stomach problems (gastritis)
- muscle pain (myalgia)
- Hay-Wells syndrome
- sinusitis
- anxiety (psychovegetative syndromes/vegetative dystonia)
- ear noises (tinnitus) and hearing loss
- impotence (psychological, functional)
- smoking cessation
- regularity (pre-menstrual syndrome, dysmenorrhoea)
- back pain (BWS syndrome, LSW syndrome, intercostal neuralgia)
- sleep disorders
- shoulder pain
- inflammation from sports injuries/accidents
- tendon pain (tendopathy)
- tennis elbow (epicondylitis radialis humeri)
- muscular hardening
- constipation (obstipation)
- menopause (climacteric)
- generalized tendomyopathy (fibromyalgia)